

F E B R U A R Y 2 0 1 5

CARDEROCK SPRINGS COMMUNITY NEWS

Carderock Springs House Tour to Return Late Spring

After a hiatus of several years, the CSCA tour of renovated homes in Carderock Springs is scheduled to return in late spring. The focus will be on homes that have recently gone through the process of review by the Architectural Review Committee (ARC) and which present interesting and novel architectural solutions for the property owners. The identity of the homes and date of the tour are still being worked out, but expect the tour to take place on a Sunday afternoon in late May/early June.

The tour has in the past been a great way for residents to meet their neighbors and enjoy a walk in the neighborhood, as well as a terrific way to get ideas and suggestions for ways to renovate your home.

A committee is being formed to organize the tour. If you are interested, please contact Jack Orrick or Phil Rider.

Of Particular Importance to Families in the Carderock Springs Elementary School Community

All of us are probably aware of the narrow path that leads from the back corner of the playing fields of Carderock Springs Elementary School to Stone Trail Drive near Comanche Court. The path at Stone Trail Drive is not marked, and is difficult to see from the road. The path is used by many people in our community, and it is busy with students coming and going from school on school days.

Recently two students using the path while leaving school could have been hit as they rode their bicycles into traffic on Stone Trail Drive without stopping or even slowing down to look for automobiles. Luckily on this occasion neither of the children was injured. The school, the county, and the community should not, however, wait for a tragedy to occur before further addressing safety concerns related to the use of the path, particularly by our children.

In the meantime, parents, please constantly remind your kids to be very careful whenever they're walking or riding their bikes, wherever they are going. Remind them that having a friend with them may in fact be a distraction. And to all drivers: We know Carderock roads can be tricky, with hills, curves, cars parked in streets, and difficult to see entryways. The roads are becoming busier with car and truck traffic, walkers, and bicyclists, young and old. Please slow down, stay alert, and help keep our community roads safe for all.

The Carder-Eco Column

Help Carderock ES

While you are recycling your cardboard containers (like cereals) and cans (like soups), check for the little “Box Tops” that are printed on the tops or labels. The school collects these and since each is worth ten cents, the PTA is able to purchase hundreds of dollars worth of a variety of extra items not ordinarily within the budget. You can drop them off at the school yourself (there is a jar when you enter) or collect them and then place them in my mailbox (8027 Fenway) or with a neighbor who has kids at the school. They do not currently collect the “Labels for Education”, a newer program, but I am saving those as well for the time when they do!

Recycling information : When in doubt, check the website, search for the item, and see what do to with it. If it is not there, you may personally place a request for information via the website, and someone will get back to you shortly. Suggestion....try several ways to find the questioned item. In addition, you can always ask me! dianekarlik@verizon.net

<http://www.montgomerycountymd.gov/sws/recycling/>

Smart phone apps

A few of these are free, others not. They will work with either/ both iOS and Android.

Please note: These have been recommended but I, myself, have not yet looked at or evaluated all of them....just a few.

The Environmental Working Group allows you to put their product databases in your hands when you shop. Use Skin Deep for cosmetics and personal care products, Dirty Dozen to find cleaner produce, Food Scores, to scan barcodes on foods and get ratings for 80,000 items based on nutrition, ingredient concerns, and processing level.

The Good Guide is similar—it lets you scan bar codes on over 170,000 products of all kinds—but here you’ll get ratings for their health, environmental, and social impacts.

Locavore, which directs you to nearby farms and farmers markets, and tells you what’s in season at the moment.

Seafood Watch will lead you toward the healthiest and most sustainable choices at nearby markets and restaurants.

PaperKarma is a quick way to reduce unsolicited mailings. Take a photo of a piece of junk mail, hit a button, in most cases, you will be removed from their mailing list. It does not work for “neighbor/resident at...address” and works best with credit card applications, magazines, catalogs and yellow pages. It does not work well with store or restaurant coupons.

Waterprint, calculates how much water your food, products, and daily activities consume and provides the awareness needed to make better conservation decisions.

Zero Carbon does the same for your carbon footprint. Track the global warming carbon emissions your lifestyle creates and take suggested steps to reduce it.

Carma Carpooling enables you to look for a ride going your way, and then message the driver. The app will even calculate your share of the gas money.

JouleBug, which offers tips to save energy, shows the money you’ll save, rewards the actions you take in a fun competition.

One Small Act lets you set all kinds of environmental goals, suggests actions you can take to meet them, and tracks your cumulative impacts over time.

Rippl is similar, but this app helps you incorporate actions into your life by way of suggested routines, reminders, and more.

Skeptical Science instantly supplies facts on environmental issues.

Some Environmental Accomplishments of the past year

Find out the outcome of some environmental initiatives from 2014. <http://sierraclub.org/planet/2014/12/10-reasons-feel-good-about-2014>

Core Truths: 10 Common GMO Claims Debunked

Here is another (non-tree-hugger!) side to this important topic in an article from Popular Science magazine. After reading this, I can see why it is still so controversial. It might be interesting to check the Skeptical Science app previously mentioned above and compare.

<http://www.popsoci.com/article/science/core-truths-10-common-gmo-claims-debunk>

Save lots of money, time and effort with these household and garden hints using safe products you already have in your home ...plain vinegar, coffee, and baking soda. They work well and there is less need for commercial, more- artificial-chemically-laden products. (and by the way, since everything is a “chemical”, when I talk of “chemicals”, I am generally referring to the artificial types of additives that do not naturally come from the environment and that are also toxic/harmful to various creatures, plants/foods and/or the environment in general)

<http://xfinity.comcast.net/blogs/lifestyle/2013/02/14/45-uses-for-vinegar/>

<http://www.allyou.com/uses-coffee?xid=comcast-ay-021313>

<http://www.allyou.com/budget-home/live-green-save/baking-soda>

Diane Karlik (dianekarlik@verizon.net) CSCA environmental chair

CSCA Monthly Board Meetings

3rd Monday of the Month, 7:00 pm

The Citizens’ Association Board meets the 3rd Monday of the month at the Clubhouse. The meetings are open to all community member to attend.

Architectural Review Committee Meetings

1st Wednesday of the month, 7:30 pm

The Citizens’ Association has an Architectural Review Committee (ARC) meeting on the 1st Wednesday of each month at the Clubhouse. If you are considering an addition or exterior modification of your home, submit your plans for review by the 20th of the month. Design and review procedures plus other documents are available at CarderockCitizens.org. The ARC was created by the covenants which govern your property in Carderock. ARC meetings are open for any & every community member to attend, whether you are renovating or not.

Classified

Cabin John Dog Walking: Midday walks to keep your pets happy and healthy. Many happy Cabin John and Carderock pet owners and their pets will happily give their recommendations. Call Carolyn at 240-204-2953.

Looking To Rent: Basement apartment or similar. Long-time Cabin John renter is looking to rent private space, quiet and responsible with Cabin John and Carderock references, call Carolyn (240) 204-2953

Senior Program

Turn the Chaos into Keepsakes!

Tuesday, March 17 at 2:00-3:00
at the Clubhouse

Carderock resident Alison Ewing, founder of *Outtatheboxes!*, will inspire you to tackle the boxes and boxes of photographs gathering dust in your closets. With today's technology it's easier than ever to manage those priceless photos and turn them into beautiful and long-lasting keepsakes that you and your family and friends can enjoy for generations. From photo books to slide shows to unique one-of-a-kind gifts...

Come join us and learn how you can protect and share your memories!

Alison Ewing
www.outtatheboxes.com
alisonewing@verizon.net

Carderock Springs Board Members

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|---|--------------------------|
| <i>Phil Rider</i> | <i>President</i> |
| <i>Jack Orrick</i> | <i>Vice President</i> |
| <i>Donna Schwartz</i> | <i>Secretary</i> |
| <i>Rob Gorman</i> | <i>Treasurer</i> |
| <i>Barbara Ames</i> | <i>Membership</i> |
| <i>Larry Ondrejko</i> | <i>Member-at-Large</i> |
| <i>Anne Carlson</i> | <i>Member-at-Large</i> |
| <i>Bill Moore</i> | <i>Member-at-Large</i> |
| <i>Noëlle F. Lewis</i> | <i>Newsletter Editor</i> |
| <i>Doug Soe-Lin, Scott Wilets, David Wahl</i> | |
| <i>Architectural Review Committee</i> | |

The Carderock Springs Citizens Association publishes The Community News at least six times each year. Residents of Carderock Springs and surrounding areas may join the Citizens Association for an annual due of \$50 for a membership year ending December 31, 2015. Dues and family information for the Carderock Springs telephone directory may be mailed to the Carderock Springs Citizens' Association at P.O. Box 237, Cabin John, MD 20818-0237. Our Association represents the Carderock Springs community and implements its land covenants.