


~ February 2019 Breakfast Menu ~

Mon	Tue	Wed	Thu	Fri
4 Cereal Buttered Toast Sausage link Fruit Milk	5 Cheese Grits Buttered Toast Stripples Fruit Milk	6 Oatmeal Buttered Toast Hard Boiled Eggs Fruit Milk	7 Hash Brown Buttered Toast Sausage Patty Fruit Milk	8 Pancakes Buttered Toast Stripples Fruit Milk
11 Cereal Hard Boiled Eggs Cheese Toast Fruit Milk	12 Corn Bread Buttered Toast Sausage link Fruit Milk	13 Oatmeal Sausage link Oatmeal Sausage link Fruit	14 Cheese Grits Stripples Buttered Toast Fruit Milk	15 Pancakes Toast Scrambled Eggs Fruit Milk
18 Academy Closed 	19 Cereal Buttered Toast Hard Boiled Eggs Fruit Milk	20 Oatmeal Buttered Toast Sausage Patty Fruit Milk	21 Cereal Buttered Toast Sausage link Fruit Milk	22 Pancakes Buttered Toast Stripples Fruit Milk
25 Hash Brown Buttered Toast Sausage Patty Fruit Milk	26 Cereal Grilled cheese sandwich Fruit Milk	27 Oatmeal Buttered Toast Sausage Patty Fruit Milk	28 Corn Bread Buttered Toast Sausage link Fruit Milk	1 Pancakes Buttered Toast Stripples Fruit Milk

~ February 2019 Lunch Menu ~

Mon	Tue	Wed	Thu	Fri
4 Mac & cheese Fried Chic w/gravy Green Beans Fruit Milk	5 Cheese Pizza Garden Salad Fruit Milk	6 Yellow Rice Black Beans Sliced Cucumbers Fruit Milk	7(Hay Stacks) Crumbles, Lettuce, tomato, corn chips, Red Beans Mash Potato Fruit Milk	8 Oriental Noodles/ Veggies Veggie Spring Rolls Baked Beans Fruit Milk
11 Rice & Red Beans Scallops & Gravy Corn Fruit Milk	12 Cheese Pizza Garden Salad Fruit Milk	13 Chick'n Nuggets Tator-Tots/Bread Sweet Corn Fruit Milk	14 Spaghetti Meat sauce Mixed Vegetables Garlic Bread Milk/Fruit	15 Mashed Potato Gravy Sausage Patties Green Beans Fruit Milk
18 Academy Closed 	19 Cheese Pizza Garden Salad Fruit Milk	20 Veggie Hotdog Fries Garden Salad Fruit Milk (Preschool Spaghetti)	21 Oven Roasted Potatoes BBQ Scallops Mixed Veggies Fruit Milk	22 Chipotle Style Rice, Crumbles, Beans, Lettuce, tomato, corn, salsa, sour cream Fruit Milk
25 Chik'n Stir-fried Rice Veggie Spring Rolls Fruit Milk	26 Cheese Pizza Garden Salad Fruit Milk	27 Baked Ziti Garlic Bread Caesar Salad Fruit Milk	28 Seasoned Rice Vegetarian Chili Beans Mixed Vegetables Fruit Milk	1 Spaghetti Meat sauce Baked Beans Garlic Bread/ Garden Salad Milk/Fruit