

# Illinois Conference Fall Skills

## Class Level: Companions

### Normally completed at camp:

#### 1. Spiritual Discovery

- a. Participate in a skit on one of the following Old Testament characters: Joseph, Jonah, Esther, Ruth

#### 2. Health and Fitness

- a. Complete requirements 1, 2 and 7 of the Temperance Honor.

##### i. Taught at Fall Skills Sabbath

#### 3. Making Friends

- a. Discuss how the media strengthens or weakens our relationships with others.

#### 4. Nature Honor

- a. Animal Tracking

##### i. Taught at Fall Skills Sabbath

#### 5. Camping Skills II

#2. Develop a personal philosophy of outdoor etiquette, such as courtesy to other campers and outdoor conservation.

<https://youtu.be/O3pdQZfpZrM>

<https://youtu.be/euafiFQJI8Q>

#3. Know and understand the following six W=s for the selection of a good campsite:

- a. Wind
- b. Water
- c. Wild things,
- d. Wood
- e. Weather
- f. Willingness

<https://youtu.be/FQVvCMnrITQ> <https://youtu.be/SYGpvdIkqu8>

#4. Demonstrate your ability to protect the wilderness and your water source by proper personal hygiene and cooking sanitation

<https://youtu.be/s3T8o846Cbw>

<https://youtu.be/j6KcFBXIAHg>

<https://youtu.be/vzBXRjtjCFY>

#7. Know how to safely light and use a camp stove and lantern.

<https://youtu.be/KL90304Qppw?list=TLPQMDgxMDIwMjDz6R1-d1Tq8w>

<https://youtu.be/nqIGwNg4zo4>

<https://youtu.be/UVpJcxUA9Jo>

#8. Know safety rules and demonstrate your ability to properly cut firewood.

<https://youtu.be/Em0AiV9XzIM>

<https://youtu.be/uqSYzV08s88>

<https://youtu.be/1ta2HkAuuQ0>

#9. Demonstrate how to break dead wood properly.

<https://youtu.be/Em0AiV9XzIM>

<https://youtu.be/uqSYzV08s88>

<https://youtu.be/1ta2HkAuuQ0>

#10. Using fuzz sticks or shaved sticks, build and know the use of a council or crisscross fire and one type of cooking fire. Review fire building safety rules.

<https://youtu.be/tMiKtRjPbvs>

<https://youtu.be/aC4L7lWX4zw>

<https://youtu.be/7wSAvHBwDoo>

<https://www.youtube.com/watch?v=f8kFVSOjOGO&feature=youtu.be>

#11. Explain two ways to keep camp food cool.

<https://youtu.be/DQeOdISVQm8>

<https://youtu.be/sD4ZTDZW8F0>

# 12. Build two different camp cranes.

<https://youtu.be/MRCiov8jSO4>

[https://youtu.be/WoEbAWw\\_jYY](https://youtu.be/WoEbAWw_jYY)

<https://youtu.be/0B3m3ZZSCrs>

#14. Demonstrate tent site selection. Properly pitch and strike a tent. What precautions should be taken when striking a wet tent? Properly clean, dry, and store a tent.

<https://youtu.be/dfpE0x6xTPU>

<https://youtu.be/dfpE0x6xTPU>

<https://youtu.be/phjovNT5HpY>

#15. Bedding:

- i. Show proper ways to stuff or roll your sleeping bag or bed roll for travel.
- ii. Tell how to keep a sleeping bag or bed roll dry on a camping trip.
- iii. Describe how to properly clean your sleeping bag or bed roll

<https://youtu.be/0P2aCQGO34I>

<https://youtu.be/Xdli2CXHq0w>