

Kirsten Ashley Herding was born August 10, 1989, to Harold and Linda (Stauffer) Myer in Devil's Lake, ND. In 1992, she and her sister Carmen Jessica became part of the Jeff and Michelle (Herding) Hage family. Kirsten received her GED in 2010. She graduated with her Associate's Degree from NDSCS, Wahpeton, ND, and then went on to receive her Bachelor's Degree in social work from MSU Moorhead, MN in 2014.

Kirsten was a lover of animals and found herself volunteering at the Richland/Wilkin Humane Society, in Wahpeton, ND she also enjoyed volunteering as a Big Sister with the Richland Wilkin Kinship Program and mentored young girls.

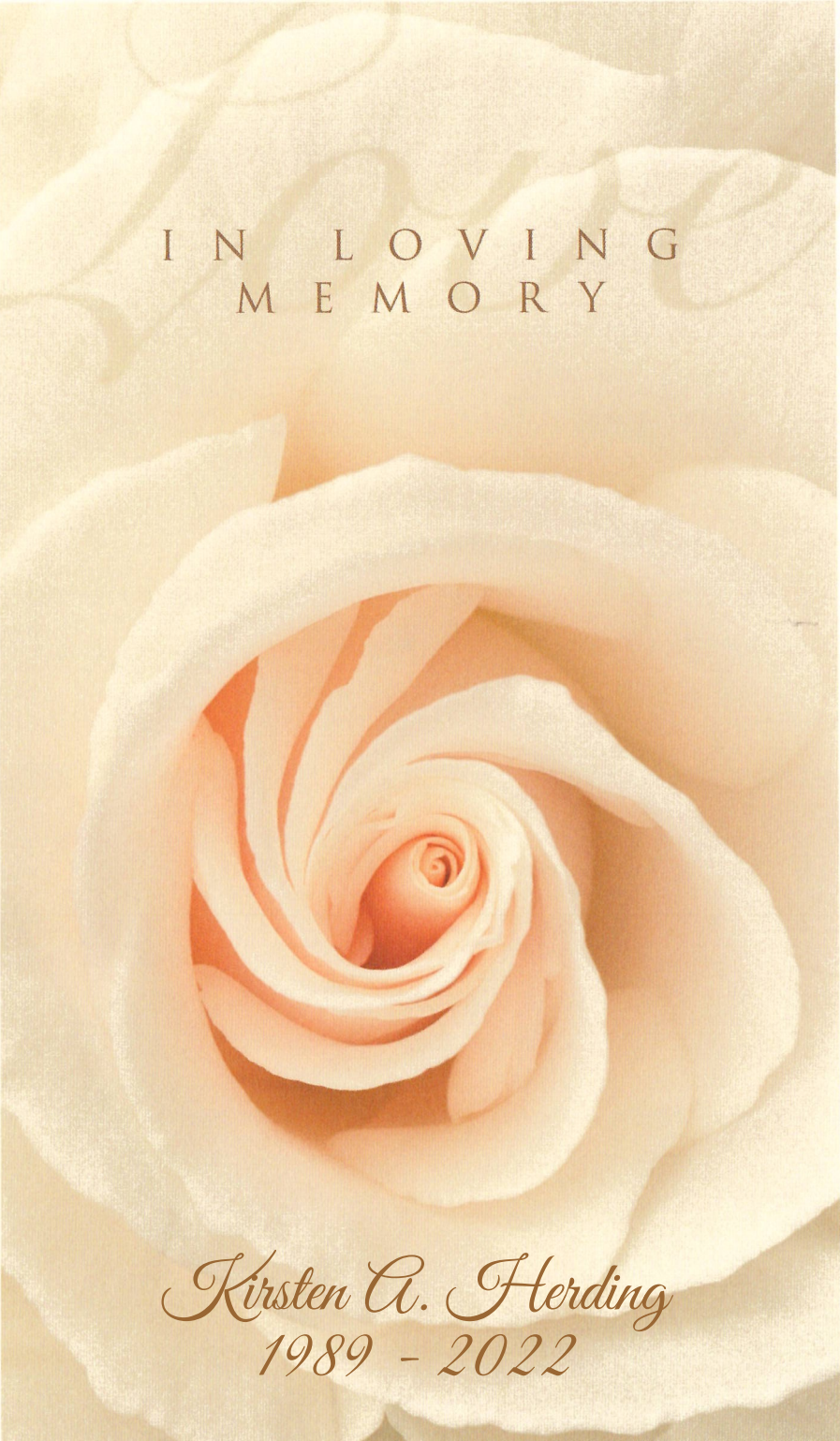
Kirsten's real passion was to help kids in need, such as she was at one time. Even in some of her darker times, Kirsten always found a way to show love, and would share that with others who may be suffering. She had a zest for life, and for her family.

Kirsten's work experience included working for St John's Daycare, College internship at Wilkin County Social Services, Valley Lake Boys Home and part time at Red River Human Services. Kirsten's most recent employment was where her heart truly was and that was working with the students at Circle of Nations School in Wahpeton. Whenever she talked about the young people from CNS her eyes lit up and she had a smile on her face.

Kirsten is survived by her father and step-mother, Jeff & Eileen Hage, Breckenridge, MN; siblings, Holly (Alan) Randa, Joelton, TN, Matt (Kirsten) Huovinen, Dilworth, MN, Carmen Jessica Myer, Minneapolis, MN, Glynda (Anthony) Cordott, San Jose, CA, Harold Myer, Los Angeles, CA, Shelby (Alex) Stone, Wahpeton, ND, Cory Dahlman, Rosholt, SD, Kiki Dahlman, Rosholt, SD; biological mother, Linda Myer, Wahpeton, ND; step-father John Dahlman, Rosholt, SD; grandmother Toddy Dahlman, Rosholt, SD; grandfather Lyle Willprecht, Lidgerwood, ND; 11 nephews, and 2 nieces and numerous aunts, uncles & cousins.

She was preceded in death by her mother, Michelle (Herding) Dahlman; brother Gaige Hage; biological father, Harold (Hod) Myer; grandparents, Gregory & Mary Lou Herding, E. Loren & Claudette Hage, Bill & Ethel Stauffer, Howard & Helen Myer, Leona Willprecht.

Kirsten's family believes in the power of truth and openness. Kirsten was a beautiful person, who like too many, struggle with the disease of substance abuse and addiction. Kirsten's story is not complete without addressing this horrific disease. Kirsten was so much more than her addiction, but this disease made her believe she was alone and not good enough. That was never the case. Drugs offered her an escape from the mental torture that is addiction, only to leave her in a worse situation than before. Drugs killed her and left her family without a daughter, a sister, and aunt. If you are caught in this same battle, please find help. You are worth it. If you want to talk with someone, call FirstLink; 701-235-7335 www.myfirstlink.org; Available 24/7/365 for Alcoholics, Addicts, and their families.



I N L O V I N G
M E M O R Y

Kirsten A. Herding
1989 - 2022



In Loving Memory of
Kirsten A. Herding



Born

August 10, 1989
Devils Lake, North Dakota

Passed Away

December 31, 2022
Breckenridge, Minnesota

Age

33 Years 4 Months 21 Days

Funeral Service

2:00 PM - Saturday, January 14, 2023
Vertin-Munson Funeral Home
Wahpeton, North Dakota

Officiant

Pastor Julé Ballinger

Music

“Circle of Life” by Elton John
“It’s Ok” by Nightbirde
“For Good” by Wicked

*When you are sorrowful
look again in your heart,
and you shall see that in truth you
are weeping for that which
has been your delight.*

-- Kahlil Gibran, On Sorrow.

