**Lisa Sigsworth RN, CHPN, CHt, CHI Curriculum Vitae**

**Education**

Northeast Louisiana University (Now known as ULM) --Studied Education September 1984- December 1984

LSU-Shreveport --Studied Education September 1985-May 1987

NLU (ULM)-- Studied Education and Kinesiology September 1987-December 1988

Louisiana Tech University-- Graduated with an Associate Degree in Nursing in 1993

Alpha University--Graduated BA and MA in Health Sciences with a focus in Nursing Administration 9/2015

Alpha University—Graduated--MS in Clinical Hypnosis Graduated 9/15

National Guild of Hypnotists Certified/International Hypnosis Federation Certified—February/2016

Certified National ELNEC Train the Trainor --May /2016 in Scottsdale, AZ

End of Life Transitional Care, Advanced Meditation- Dharmsala, India

The Tibetan Book of the Living and the Dead/ The Joy of Living and Dying in Peace- Dharmsala, India with the Dalai Lama and Losang Choephed Gangchenpa 10/2016

CHPN Certification- June 2017

Certified Hypnosis Instructor Certification- February 2018

Life Coaching and Transpersonal Meditation Certification-February 2019

**License/Certifications:**

Texas RN License

Louisiana RN License renewal is due 01/2024

Consulting Hypnotist

CHPN

ELNEC approved trainer

Certified Master level Hypnotist

Certified Hypnosis Instructor

Certified Life Coach

Certified Transpersonal Meditation Instructor and Coach

**Current Positions Held**

**Cornerstone Paradigm and Lisa Sigsworth Hypnosis**

2018- present President/Owner

Responsible for educational offerings for nurses, social workers, chaplains, and therapists in End of Life Care, Hypnosis practice, curriculum, and community education.

**Author of the books:** Crossing Over: Your Guide to Dying with Dignity

 Where Did the Flowers Go: Post-Pandemic Grief

 The Neurodivergent Hypnotist

 Grandparenting the Neurodivergent Child

 The Sigsworth Protocol: Train to Reframe

**Past Positions Held**

**AmeraCare Family Hospice, Director of Nursing/Integrative Health Services Covington, Metairie, Ponchatoula and Bogalusa, Louisiana**

2010-2011 Transitional Director for Ameracare Home Health. Responsible for staff, family, and patient education regarding Palliative care. Accountable for acquiring physician orders, resources, and appropriate documentation to transition the patient to hospice.

Hospice DON-- 2012– 2019

Director of Nursing. Responsible for daily clinical activities of nursing, social services, chaplains, hospice aides, and volunteer services. Director of QAPI, Infection Control, and HIPAA/OSHA compliance. Responsible for adherence to State and Federal guidelines for the agency. In 2010, I was the Director of Transitional Service and ADON for the Hospice. Accountable for identifying hospice-appropriate patients for transition into hospice from home health. Oversight of staff training and education. Director of QAPI, OSHA, HIPPA, and Compliance and Ethics Oversee offices in Covington, Metairie, Ponchatoula, and Bogalusa, Louisiana. Past Hospice and Palliative Care Nurses Association President—Magnolia Chapter. 2015-2017 Expert and Collaborator for Medicaid Claims ALJ hearing 08/07/2017.

The company sold in 2019/2020

**Reference Update: Norman Davis-504-957-7146**

**Amedisys Hospice- Director of Operations**

**Metairie, LA**

2011-2012 (9 months)

Responsible for the daily activities of the local office as the Director of Operations. Responsible for OSHA, HIPAA, and Compliance for the New Orleans area. I grew the company from an Average daily census of 6 patients to 46 in nine months.

I am not eligible for rehire, and I never want to work for them again.

**MY HOSPICE Director of Nursing**

**Metairie, LA**

2008-2010

Opened hospice program for Guardian Home Health. Responsible for nursing, social services, hospice aides, social services, and volunteers. Responsible for QAPI, Infection Control, HIPAA/OSHA, and adherence to state and federal guidelines.

 The owner passed away in 2010

**Synergy Home Health-Kenner, Louisiana – Home Health RN**

2005-2008

Field RN. Case manager for home health patients. Responsible for overseeing care plans, medication management, lab work and patient and family education.

**Reference from the company is former office manager Diana Breaux 504-650-5931**

The company sold in 2018 to Senior Home Care and then to Kindred at Home.

**Metropolitan Hospice New Orleans East, LA**

2001-2005

Positions included Director of Nursing and Administrator of an inpatient Hospice Program. Responsible for nursing, hospice aide, social services, chaplain, volunteer, building maintenance, restaurant management, staffing, environmental services, security services, and community education. Director of QAPI, HIPAA, OSHA and HAZMAT. Sat on the board of emergency preparedness. I learned how to run the in-house restaurant and the dietary department as part of my Administrative duties, along with HAZMAT training. Expert and Collaborator for Medicare review 08/2001 and 2005. Expert and Review for Labor Board disputes 05/2005. Responsible for opening United Medical Rehab Hospital as the consultant and Admin 2003. Consultant for Hospice of the Delta for branch expansion and compliance to sell to Journey Hospice

Company destroyed due to Hurricane Katrina

**Reference check: Jamey Boudreau with LMHPCO 504-491-6133**

**Hospice Care of Louisiana**

**Monroe/Ruston LA**

1999-2001

Opened hospice programs in northeast Louisiana and was also responsible for acquisitions of new agencies as the Director of Nursing and Marketing. Responsible for OSHA, HIPAA, and Compliance. An active member of Epsilon Sigma Alpha. Assisted with opening the Angola Hospice program by gathering DME for their unit.

The company has sold multiple times since 2001.

**Reference Check is Jamey Boudreau with LMHPCO- 504-491-6133**

**Blue Cross Blue Shield, TRISPAN Government Programs for OIG Jackson, MS**

1998-1999

Medical Review RN for the Office of Inspector General. Medicare medical reviewer for ADRs, appeals, and ALJ documentation. Responsible for OIG audits for SNF units, CORF-ORF, HBO, Partial hospitalization, and Inpatient Psychiatric claims. I reviewed demand bills and first- and second-line appeals processing of claims. RN reviewer and witness responsible for compilation of claims, data, and records for ALJ hearings. Responsible to the Fraud and Abuse Unit of Medicare for report and testimony.

**Area Agency on Aging**

**Pine Bluff, AR**

1994-1998

Positions included working as a field RN up to Manager, PCC, and then Director of Nursing for an agency that covered 10 counties in Arkansas. Director of Compliance and Ethics. Oversaw Joint Commission Accreditation. The agency achieved Accreditation with Commendation under my supervision. Served as the South Regional Director on the State Board of Directors for the State Hospice Organization. (My name was listed as Lisa Adcock) and helped formulate the first guidelines and mission statement for ASHO (Now named: Hospice and Palliative Care Association of Arkansas). I also served as the Committee Chair for the ASHO’s Volunteer Program. Guest speaker at the 17th Annual Gerontological Society on Hospice Services. I worked with AAOA to pass the State of Arkansas's Soda Pop Tax for Medicaid. I assisted with organizing the non-profit golf tournament and fishing tournament for SEARK. Active member of Epsilon Sigma Alpha.

**Reference from that time is Tonya Paul 501-249-9563**

**Jefferson Regional Hospital**

**Pine Bluff, AR**

 **August 1993- February 1994**

**Position as an Oncology RN and float nurse to Med-Surg, CCU, Telemetry and Rehab units**

**Current Professional Organizations**

Louisiana State Nursing Association compact license

ANA member

Magnolia Chapter of HPNA (Hospice and Palliative Nurse Association – Past President, Member at Large

HPNA- Hospice and Palliative Care Nurses Association

LMHPCO—Louisiana/Mississippi Hospice and Palliative Care Organization

NHPCO—National Hospice and Palliative Care Organization

Louisiana Hypnotherapy Organization/National Organization

National Guild of Hypnotist

International Federation of Hypnotists—state and national member

National Association of Professional Women

ANA- American Nursing Association

ICBCH-International Certification Board of Clinical Hypnotherapists

**Volunteer Experience**

Hospice volunteer.

**Past and Current Activity Convention and Speaking Engagements**

LMHPCO in New Orleans- 2015- Mesmerize- The Use of Hypnosis at the End of Life

2016 and 2017 –Presenter for ELNEC Core- Ethics, Pain Management, Symptom Control and Palliative Care

July 2018- Pain Management

July 2019- Ethics and Alternative Medicine

July 2020- Communication

July 2021- two sessions of Ethics and Communication

July 2022 two sessions Ethics and Hypnosis

NHPCO IN New Orleans November 2018—Alternative Medicine-Hypnosis

NGH in Marlborough, MA 2017- Crossing Over – Your Guide to Dying with Dignity

 August 2018- Palliative Care and Hospice at the End of Life

LHO in New Orleans July 2018-Crossing Over- Your Guide to Dying with Dignity

ALL About You Conference- Palo Alto. CA— March 2018, February 2019, and 2020--Letting Go- An End of Life Discussion. Hypnosis at the End of Life. Letting go of Your old goals and attachments

Louisiana Tech in Ruston, LA January 2018- The Process of Dying –Physical, Emotional, Mental and Spiritual Transition

Louisiana Tech April 2018- Nursing Responsibility at the End of Life

Toronto, Canada October 2018 Palliative Care and Hospice: Use of hypnosis at the end of life.

Hypnobiz New York Hypnosis at the end of life – May 2019

ICBCH February 2020 Use of Hypnosis in your clinical practice for grieving and loss

2022

ICBCH -Orlando February Grieving and Loss at the End of Life

Heartland Hypnosis Conference- St Louis March Hypnosis and Grief work

LMHPCO – New Orleans July 2 sessions Ethics and Use of Hypnosis for Symptom Mgt and Grief

Michigan Hypnosis Conference October Using Hypnosis at the End of Life

Mid America Hypnosis Conference- Chicago October Hypnosis at the End of Life/Hypnosis Use for Grief

2023

ICBCH -Orlando February Post-Pandemic Grief

Heartland Hypnosis Conference-St Louis March Post-Pandemic Grief

HypnoThoughts Live Las Vegas July The Sigsworth Protocol

LMHPCO-New Orleans July 2 session Pandemic Grief and Ethics

Mid America- Chicago October The Sigsworth Protocol/Post-Pandemic Grief

**Other Interesting Information:**

I am available for ADR responses and abstracting charts for QA for ADR responses for hospice programs.

Reference for this is Shelley Barreca with Passages Hospice and Sanctuary at 504-417-6642

I have completed abstraction and worked as a professional expert witness for a physician accused of euthanasia. (we won the case)

Contact is Janet Pulliam with ADR Strategies at 15 Pinnacle Point, Little Rock, Arkansas 72205

LCMC, located in New Orleans, uses me as an educational component and reference to meet regulations for the educational component for certification.

I have five children: four grandkids, two rescue parrots, two rescue cats, and two rescue dogs. I enjoy cooking, gardening, and walking.

I currently reside in San Antonio, Texas.