

Hyde Park Seventh-day Adventist Church
30 Days of Prayer, Healing, and Restoration for Relationships
April 27th – May 3rd – Preparation Week
May 4th – June 2nd – Season of Prayer for Relationships

PREPARATION WEEK: APRIL 27TH – MAY 3RD – *Prayer and fasting for God to prepare our hearts to be vessels through which His agape will be manifested to others*

1. Prayerfully select 2 – 4 prayer partners with whom you will embark on the preparation week and the 30 days journey
2. Decide on specific times when you will meet with your prayer partners/family for prayer, accountability, discussion, and support.
3. Get a journal to chronicle God’s revelations, instructions, and blessings during this season
4. Develop a prayer list that focuses on your relationships

SUGGESTED OUTLINE FOR PREPARATION WEEK:

Saturday, April 27th

- Day of Prayer and Fasting
- Focus on accepting Christ’s forgiveness and love
- Meditate on Psalm 51, Isaiah 53 and *Desire of Ages*, Chapter 78 “Calvary”

Sunday, April 28th

- Pray for a heart that forgives and restores
- Meditate on Matthew 18
- Meditate on the person and life of Jesus Christ

Monday, April 29th

- Pray for divine agape to transform all of your relationships
- Meditate of Ruth 1:6-18
- Make a list of all of the relationship in your life that are meaningful to you
- Pray for wisdom to improve each of these relationships
- Reach out to and pray with each of persons in your circle of meaningful relationships

Tuesday, April 30th

- Pray for the grace to love and forgive your enemies
- Meditate on Psalm 35
- Make a list of all your enemies, those who have wronged you or mistreated you
- Give each person or relationship on your list over to the Lord
- Pray that God will forgive your enemies for what they have done
- Pray that God will bless your enemies

Wednesday, May 1st

- Pray and fast for those whom you have hurt knowingly or unknowingly
- Meditate on Psalm 51 and Luke 19:1-10
- Ask God to reveal to you those whom you have hurt
- Ask Christ to heal the wounds that you have inflicted on others
- Accept the atoning sacrifice of Christ for you as well as those you've hurt
- Ask God to touch the hearts of those you have offended so that they would forgive you
- Seek God for opportunities to right your wrongs

Thursday, May 2nd

- Pray for healing in your broken or strained relationships
- Meditate on Psalm 55
- Make a list of the relationships in your life that are either strained or broken
- Give each relationship over to the Lord
- Ask God for an understanding heart and humility to identify and acknowledge the true reasons for the strain or break in those relationships
- Ask God to reveal the path towards restoring those relationships

Friday, May 3rd

- Pray and fast for complete conversion to Christ
- Meditate on 1 Corinthians 13
- Pray that God will fill your heart with each virtue of agape in this passage
- Pray for the mind and heart of Christ
- ***Prayerfully reflect on 2 Corinthians 5:16-21 and commit to partnering with God in the ministry of reconciliation***

**30 DAYS OF PRAYER, HEALING, AND RESTORATION FOR
RELATIONSHIPS (see devotional guide)**