

Reflections on the 2018 KS-NE Conference Women's Retreat in Grand Island, Nebraska...

What did you like? What did you learn?

How will your life be different because of this retreat?

What did you like?

Being with other SDA Christian women, the worship music was wonderful, Jen the speaker, was very inspirational and motivating to make time with God the most important thing.

Jennifer Woody was great and praying for our needs.

Food / Seminars / Friendliness of kitchen workers / Painting

I liked everything. Wonderful programs. God bless!

Pastor Jen was an awesome presenter. / GIRL TIME and meeting new people / Good food and not having to cook!

Speaker / Everyone did a great job pampering us and having great activities

Everything was great! Food, seminars speaker...

Everything

The theme: Seeking the Kingdom of God / Pastor Woody's emphasis on prayer and seeking God

Spending time with my Teen! Fellowship, food singing, decorating, gift bags, painting, the classes. Loved it all! Thank you!

Loved Pastor Jennifer woody and the Class, "Building Community with Hospitality," and "Prayer: Resting in the Lord."

The food and the movie.

Appreciated Pastor Jen's talk

I like the fact I am learning more about my God and ways to study and learn and make my relationship (with Him) fresh.

Everything, anything that uplifts God I like.

The first Teen Afterglow on the first night. (Teen)

The different seminars especially the ones on prayers and Marriage. I feel like I can build a trusting relationship with my Lord. I also liked the idea of (Giving an offering to) Scholarship to help others to be part of this.

Painting! Plenty of down time between seminars to digest info and fellowship. Great food!

Spending time and fellowship with sisters in Christ, my daughters and granddaughters.

Bible Study practical tools. The Painting Class and Lesson from it.

I was filled with ongoing spiritual experience like never before in my life.

The friendly warm atmosphere! The food! The speaker! The seminars! The mini-spa! The décor!

Can't pick one, it was all wonderful

I liked being able to connect to other teens through God. (Teen)

I Loved All of it!!! I really loved how much effort that was put into the teen group. All the activities you did with them. They both learned so much and always had a beaming smile on their face.
(Mom of Teen)

Loved the practical teaching from Pastor Jen. Loved that teen girls had their own meetings.

Everyone was friendly and happy

Pastor Jen's talks, Prayer Seminar, Afterglow

All the seminars were wonderful! The spiritual blessings.

Counseling session with Pearl, Marriage Seminar "Wow!" Food...

I appreciated all the beautiful touches – the Mini-spa, the give aways, the Prayer Room, the beautiful atmosphere, the nice food, speakers, the stretching. Great weekend!

Food. Paint Yourself Silly.

Food, rooms, afterglow, music, decorations.

Food, sitting for singing. Thank you!

I liked everything. Speakers were great.

Loved the step by step instruction on how to have a more personal and effective devotional time and Bible studies.

Time with the other ladies.

Jennifer Woody! Excellent Speaker and her message was so timely. Also Breakouts. I want CD;s of the classes I missed.

Learning and understanding more about the 3 Angels' messages that Angie Joseph shared. It's so simple and I'm eager to share with others that don't know about God's salvation.

Everything... Food was excellent – seminars were a blessing and Jen...Wonderful!

Meeting those I have not seen in a while. Robin's Music Group.

Decorations, food, friendly staff, my fellow women Christians, The Spa themed Afterglow was awesome!

Being with God-loving women. Building new relationships. Praising God.

I liked pretty much everything. The food was awesome. Meeting lots of new people from all over. The Afterglow really relaxed me from the long drive here. Thank you to the lady that made all the neck wraps.

The Spa-Afterglow. The wonderful music ministry and the prayer pointers on the Prayer: Resting in the Lord Seminar. Also loved the movie. Enjoyed the food too.

Association with ladies I would never otherwise meet.

Spa was great! Please do it again. Food was fantastic. Loved the painting. Name cards with our activities is a great idea.

Jenny was amazing – a true woman of God. Vulnerable. Able to teach truth. Inspiring. Loved the food, of course!

Speaker and food. Excellent Speaker. God spoke to me in so many ways. Food was excellent and enough choice to meet everyone's needs regardless of where they were in their dietary lifestyles. Excellent.

Spending time with my mom. The Teen Seminars, the singing and the food. (Teen)

Afterglow, messages by Pastor Jennifer, pool, hot tub, great food, comfy bed, great fellowship with other ladies.

I liked the schedule this year. I always love the music Robin and her group choose to share. The Mini-Spa was relaxing.

Jennifer Woody was an excellent speaker. I am ready to study deeply!! I'm thankful for the ABC here. I enjoyed the SPA and Afterglow. The decorations were beautiful. The food was delicious. You always have everything planned out well. The sessions were fantastic. The movie I enjoyed. The painting looked fun.

What did you learn?

"I sin most when I am right." Love and being loving is what makes us peculiar "people." Time with God must be a priority.

To listen to God's still calm voice.

Healthy eating / How to prepare for disaster

Personalizing Jesus in my life / Devotion daily is Key! / Anything outside Jesus is fake and temporary / God will do your things if time is spent with Him ...Never be in a hurry – Give God time

I need a closer walk with God and the speaker reflected How. Study the Bible by word and stories and put myself in the story.

That God will show me the way. I am not alone! I can bank on Him

Letting go of all my stress for the weekend.

The more time I spend with God the more I will hear His voice.

To see myself through Christ. To make things “dead” that are not valuable or in the past... to walk alive!

Inductive Bible study, the Bible interprets itself – no need for a commentary... Small Group Bible Study Program!

That life is more than food and entertainment, it's about community.

By beholding we are changed. Studying Word / Spending time with God.

Different ways to study the Bible and share what I learn, which will lead to fellowship and hopefully growing and leading people to the cross where God can do this work.

That we all need a personal relationship with God.

How to have meaningful Bible Studies. (Teen)

How to do a small Bible study group. How to be transformed by the Word of God and how to be a woman of prayer.

Simplified 3 Angels message, inspired to diversify my personal devotions, inspired to be intentional with sharing God and friendship with others.

How we are all unique, but still part of One Body

That I am to connect to other people NOT only God. It is in God's plan to connect to others.

That our God will finish the work in us when we seek Him. How to be prepared, not scared. This was a top notch learning.

That I can and want to live in the presence of God! It is very doable!

How much God loves ME!!

I learned that I am my own person. (Teen)

I learned a lot about Bible studies and plan to go home and do some with Teens. My daughter and I each got a different Teen Bible study program from the book drawing we plan to put in use. (Mom of Teen)

Inductive Bible studies...You should include several generations.

That everyone on earth has burdens and we are not alone. God is love.

Bible Study techniques, Prayer ideas

Emphasizes the importance of putting Jesus first in your day! Everything else will fall into place!

Prayer Strategies

I was reminded of the importance of sisterhood with weekend. I appreciated the focus on Jesus and spending quality time with Him.

Loved Being Prepared Not Scared.

That I need to be more in the Word of God. I need to get to know Him better.

Ideas for Bible study.

How to grow my relationship more with Jesus. Preparedness in a crisis. Loved the movie! Enjoyed the food. SPA yes! Stretching – yes!

How to know God and to dig deeper into His Word.

That women really support one another.

We all struggle and God has already paid the price.

That to seek God fully, I must allow Him total charge over my life. Spending more time with Him shows Him I'm serious about wanting to be closer to Him.

I will be more mission-oriented and prayerful.

How to let go and listen to what God is telling you. The need to spend time every day with the Lord.

If there are dead areas in your life, it is because you have separated yourself from the Source of Life.

When I'm right is when I sin the most.

How to have a relationship with God and the importance of that relationship with Christ. Inspired to eat healthier and to be more hospitable...

I learned that God is trying to use me to help others. (Teen)

That God loves me! And that He has forgiven me! And that I need to forgive me too!

How to study the Bible with meaning. God is all I need! God is going to speak to me through my deeper study. How to reach out to people who know nothing of God. How to spice up my marriage!

How will your life be different as a result of this retreat?

I will make time in the Bible a priority! P.S. The afterglow was wonderful too!

I realized that a lot of people do care about me. I am not alone.

An increased desire to follow God's Word

Practicing God's presence daily.

Pastor Jenn made me want to get closer to the Holy Spirit and His guidance. I will go back to intentional a.m. worships. I want to practice the presence of Jesus. I will eat more mindfully!

I will make hard choices and have the courage to make them with God's help.

I have courage, direction is clearer than before. My faith is stronger.

I feel spiritually refreshed and renewed. I feel more connected to God and what His purpose is for me.

My devotional time with God has taken off to a new level.

I will walk alive. I will spend more time with Jesus. I will use my gifts.

My Devotional life will be enriched by Inductive Bible study and a new approach to prayer. I'm looking forward to using Hospitality, too.

That the 3 Angels' Messages are just the simple gospel! God is good – Satan is bad – You have a choice

I plan to practice what we learned here. I believe my life will never be the same.

Hopefully, I will have a deeper relationship with my Lord and Savior and those around me.

I am going to do the eight week Bible Group.

I'm closer to Jesus now. (Teen)

I will be praying more, listening to God and looking for transformation of my heart. I'm praying to come next year to the retreat with another lady.

Applying what I learned immediately! Also, this was my 1st weekend where hubby kept kids. So refreshed and able to unwind a bit! Definitely will be back when its not over the 26th!!

Lots of ideas to share with my church family at home and to our community. 😊

I will have people come to my home and connect to others. I will be leading Bible Studies, but be intentional about connecting.

Learning to be alive in Christ and not dead walking around. New approaches to my devotional life for a deeper connection with God.

Finding peace in the presence of God. My life will be transformed! I can hardly wait to get started! I have wanted that closeness with God and now I know how to get it! Thanks to all

I feel I will be able to be more loving and kind to others.

I will be more accepting of others no matter who they are even if they bully me or others. (Teen)

This was my very 1st women's retreat. I would like to continue to come and bring my other daughters. (Mom of Teen)

Made new friends that I will be connecting with.

I took the Marriage Seminar. I want a healthier relationship with my husband. I will work on my marriage.

I have a renewed fire for the Lord. I am excited to dive into the Word using the new techniques. I am anxious to implement the new prayer ideas.

I have been overwhelmed with work, babysitting my granddaughter and taking college courses. I study 20 hours a week for just my classes. I have not taken the time with my Lord as I need. I am going to dedicate time to spend with Jesus in the morning.

Better Prayer / Life.

Each positive step in my Christian journey is one step closer to my home in Heaven. This retreat each year helps rejuvenate me, encourage me, and remind me of how close we are. I am thankful for this sisterhood on my journey.

I will be spending more time in His Word. Studying it, meditating on it, and applying it to my life. I want to live my life fully for Him. For His honor and glory.

Hopefully my time with Jesus will be more meaningful.

It has just enriched my life with beautiful memories and new friendships. Can't wait for next year! Thank you so much for you and your team pulling this together.

I desire to read and study more every day. Thank you SO much!

Maybe a little more outgoing when meeting new people.

I surrendered repeatedly something I was struggling to consistently let God manage.

It will be totally different from here on out.

I will be more aware of personal and relationship issues.

Helps to re-enforce spirituality.

I have been encouraged to be more regular in daily devotions – to get to know God on a deeper level. Praise God!

I have even more hope of becoming closer to the Father than I did before.

Relax more and let Him lead my days instead of expecting to complete my list of to dos.

I believe I was given good tools to keep my relationship growing with God and how to spread the good news.

Will no longer be the "Walking Dead," I am the "Walking Alive" in and through Christ Jesus. Great Job!

Be more consistent in my devotional time. Invite more people over to my house without feeling everything has to be perfect.

I will hopefully start studying my Bible more and walk with God more. (Teen)

To be kinder to myself and to love myself.

It has enhanced my prayer life with God. It has given me hope. I realize things in myself I need to give to God. I need to change my prayer to God to claim His promises until I believe it. Not just pray once for something, but pray a lot about it.

It was the “pick-me-up” I needed. It occurred to me to make an unused room in our home to become a Prayer Room. My eating habits and lac of devotion time are causing my thoughts to be less clear and making me more tired.

I plan to start daily Bible Study and help my daughter do the same.

More regular Quiet Time. Live fully – not be the “Walking Dead!”

I will have a consistent and richer devotional life encountering my Savior. Seeing so many women ministering using their gifts in the power of the Holy Spirit was very encouraging. I felt devastated by the Fall Council vote and this made me feel hope for our church.

Continue progress towards whole food, plant-based diet. Increase time with God...more intentionality.

Through Christ’s power, I will seek Him daily as the most important thing in my life and the other things will be in the right order.

I feel revived, refocused, my prayer time is more worshipful and I will be a better reflection of Jesus.

I learned things to help my marriage and communication.

I am going to study and dedicate more time to study! I am going to hold God to His promise that He will help with the rest of my overloaded day and change my life. Thank you for all you do to make this a worthwhile weekend! I appreciate all your hard work!!!

I will be able to do Bible study and do it in the early morning. I will listen to God and journal my thoughts and emotions on paper and see God at work in my life.