

## White Oak Canyon

(90 miles from Carderock)



White Oak Canyon hike is a wonderful, summertime hike for the family, with some of the most spectacular waterfalls in the Shenandoah National Park. There are plenty of opportunities to swim in swimming holes or slide down natural rock waterslides. With children we do an out-and-back hike that is roughly 2 ½ miles total and fairly flat until you reach the falls in the photo above. There is an 8 mile circuit hike that is great for more experienced hikers.

For our short family hike, the directions and maps on the following website are perfect

[www.hikingupward.com/SNP/WhiteOakCedarRun](http://www.hikingupward.com/SNP/WhiteOakCedarRun). In summary, begin up the blue blazed White Oak Canyon (WOC) Trail next to the ranger station. Shortly cross a steel footbridge, then arrive at the intersection of the Cedar Run Trail. Stay straight on the WOC trail as it winds to the right, then crosses another steel footbridge over WOC Run. Follow the blue blazed trail on the right side of WOC Run for just over 1 mile, cross a small stream, then arrive at the base of the fall pictured above. Retrace your route back to the ranger station for your return.

Driving directions: Take 66W for 21.6 miles to exit 43B toward US-29N. Take US-29N for 11.2 miles to 15/US-211. Stay on US-211 for 29 miles. Turn left at Sperryville Pike/US-522 for .8 miles (road bends to left). Take right at FT Valley Rd/VA-231 for 3.4 miles. Take right at Rolling Rd/VA-681 for 2.4 miles. Turn left at Trails End Lane for 367 ft. Turn right toward Pine Hill Rd/VA-707 for 1 mile and turn right at Pine Hill Rd/VA-707 for 1.1 miles. Turn right at VA-600 for 5.7 miles until you arrive at White Oak Canyon parking lot.