

GRACE S.D.A. CHURCH

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Facebook: www.facebook.com/GraceSDACommunications

Pastor: Franklin G. Jackson – (203) 630-2339/Cell: 646-522-3471

E-mail: Jacksonsg5@sbcglobal.net

First Elder: Noel McGregor, Jr. – (860) 833-7100

Clerk on Duty: Sis. P. Morris

Deacon: S. Ellis/A. Linton

Deaconess: A. Hewitt/C. Campbell

Ushers: S. Mignott/H. Baptiste/M. Stewart

Nurse on Duty: Sis. P. Nevins-McKenzie

Sunset Today: 4:21pm **Sunset Next Friday:** 4:20pm

ANNOUNCEMENT CORNER

- PRAYER MEETING WEDNESDAYS AT 7PM:** 12/5/18 – Leader: Sis. N. Warner
Everyone is invited. Please see Elder N. McGregor, Jr., if you are willing to lead out.
- BIBLE STUDY:** Sabbaths at 2:30 p.m.
- NURSING HOME VISIT:** Chelsea Place Care Center at 2:30pm. Leader: Sis. L. Joseph
- AY SERVICE:** After Bible Study.
- CHURCH BANQUET-SAVE THE DATE:** Sunday, December 9, 2018 at the CT Convention Center, Hartford, CT. Cost: \$65/Ages 13 & older; \$30/Ages 5-12; Free/Ages 4 and under. Final payment is due 12/1/18.
- DEACONESS:** There will be a meeting for all Deaconesses serving term 2019-2020 at 4pm today. Please see Sis. S. Mignott for more information.
- YOUTH PRAYER LINE:** Every Monday 7pm-7:30pm. All Youth are invited. Conference call 641-715-3287, code 628379#. Leader: Bro. O. Dixon.
- CHURCH PRAYER HOUR:** Every 1st Tuesday of the month, 8:30pm-9:30pm. Conference call 641-715-3287, code 628379#. Leader: Elder S. Ledger.
- HEALTH MINISTRY:** Exercise class is every Sunday from 9am-10am; a sign-up sheet is posted on the Bulletin Board. Cooking class is every 4th Sunday from 10:30am-12pm.
- GRACE ADVENTURER CLUB:** Meeting Days: Every 1st and 3rd Sabbath 3pm-4:30pm. Please see Sis. C. Dean for more information.
- BULLETIN ANNOUNCEMENTS: MUST be received by 8pm on Wednesdays.** Send all notices to: clerk.grace@comcast.net

Please check the appropriate box and fill out the information below:

(Please return to an Usher, or drop in an offering plate.)

- Needs Bible Study Requesting Baptism Needs Special Prayer
 Is Sick SDA Membership Transfer New Address

Name: _____

Address: _____

City: _____ State ____ Zip Code _____

Phone: _____ Date: _____ DOB _____

Church Attended _____ Address: _____

DIVINE WORSHIP
Sabbath, December 1, 2018

Order of Service – 11:00 am

We Unite in Service

- Prelude.....Sis. D. Turner, *Organist*.....Bro. B. Bookal, *Pianist*
 *Processional *“Be Silent, Be Silent”*.....Congregation
 *Introit..... *“O Come Let Us Adore Him”*.....Congregation
 *Call To Worship..... *Isaiah 49:13*..... Pastor F. Jackson
 Doxology..... *“We Are Standing On Holy Ground”*..... Congregation
 Invocation..... Pastor F. Jackson
 *Sabbath Affirmation..... *Exodus 20:8-11*..... Congregation
 Welcome..... Pastor F. Jackson

We Praise His Name

- Praise & Worship.....Praise Team
 *Hymn of Praise.....**#422**.....Sis. L. Ledger
“Marching to Zion”
 *Scripture..... *Psalms 121:1-8*..... Sis. L. Ledger
 *Prayer SongCongregation
 Prayer of Intercession..... Elder S. Ledger
 Ministry of MusicSis. I. Phillip

We Return His Own

- Tithes & Offering Deacon/Deaconess
 Offertory Thought & Prayer.....Elder A. Corder

We Minister To The Young (Song: *“Jesus Loves the Little Children”*)

Children’s Story

We Explore His Words

- Song of Meditation..... Sis. I. Phillip
 Sermon..... *“God Mountain Climbers”*.....Pastor F. Jackson
 *Closing.....**#633**.....Sis. D. Bailey
“When We All Get to Heaven”
 *Benediction..... Sis. D. Bailey
 *Adoration..... *“Praise God from Whom”*.....Congregation
 *Congregation please stand.

PRAY FOR

THE SICK, SHUT-IN, AND ELDERLY IN OUR CHURCH

Please continue to pray a special prayer for our following members:

Sis. Sharon Sharpe	Sis. Lucilla Emmanuel	Bro. Winnie Hewitt
Sis. Curleta Branford	Sis. Florence Gregory	Bro. Clinton Reid
Sis. Myrna Burrell	Sis. Geraldine Barrett	Bro. Robert Shipman
	Sis. Anita Hewitt	



PUMPKIN

It is one of the very low-calorie vegetables. 100 g fruit provides just 26 calories and contains no saturated fats or cholesterol; however, it is rich in dietary fiber, anti-oxidants, minerals, vitamins. The vegetable is one of the food items recommended by dieticians in cholesterol controlling and weight reduction programs. At 7,384 mg per 100 g, it is one of the vegetables in the Cucurbitaceae family featuring highest levels of vitamin-A, providing about 246% of RDA. Vitamin-A is a powerful natural antioxidant and is required by the body for maintaining the integrity of skin and mucosa. It is also an essential vitamin for good eyesight. Research studies suggest that natural foods rich in vitamin-A may help the human body protect against lung and oral cavity cancers.

Pumpkin seeds indeed are an excellent source of dietary fiber and mono-unsaturated fatty acids, which are good for heart health. Also, the seeds are concentrated sources of protein, minerals, and health-benefiting vitamins. For instance, 100 g of pumpkin seeds provide 559 calories, 30 g of protein, 110% RDA of iron, 4987 mg of niacin (31% RDA), selenium (17% of RDA), zinc (71%), etc., but zero cholesterol. Further, the seeds are an excellent source of health promoting amino acid tryptophan. Tryptophan converted into GABA in the brain.

THOUGHT FOR THE WEEK

Preparing for Eternal Life

Wherefore the rather, brethren, give diligence to make your calling and election sure: for if ye do these things, ye shall never fall: for so an entrance shall be ministered unto you abundantly into the everlasting kingdom of our Lord and Saviour Jesus Christ. 2 Peter 1:10, 11

Here a life insurance policy is offered us which insures for us eternal life in the kingdom of God. I ask you to study these words of the apostle Peter. There is understanding and intelligence in every sentence. By taking hold upon the Lifegiver, who gave His life for us, we receive eternal life. We are each deciding our eternal destiny, and it rests wholly with us whether we shall gain eternal life. Will we live the lessons given in the Word of God, Christ's great lesson book? It is the grandest, and yet the most simply arranged and easily understood book ever prepared for giving an education in proper behaviour, in speech, in manners, in affection. It is the only book that will prepare human beings for the life that measures with the life of God. And those who make this Word their daily study are the only ones who are worthy of receiving a diploma entitling them to educate and train the children for entrance into the higher school, to be crowned as victorious overcomers.

Christ Jesus is the only judge of the fitness of human agents to receive eternal life. The gates of the holy city will open to those who have been humble, meek, lowly followers of His, having learned their lessons from Him, and received from Him their life insurance policy, forming characters after the divine similitude. When the ransomed are redeemed from the earth, the city of God will be opened to you. Then the harp will be placed in your hand, and your voice will be raised in songs of praise to God and to the Lamb, by whose great sacrifice you are made partakers of His nature and given an immortal inheritance in the kingdom of God.

From My Life Today – Page 339

FEATURING SPECIAL FAMILY PRAYER TODAY

The C. Branford Family and The M. Stapleton Family

GRACE SDA CHURCH – SABBATH SCHOOL
ORDER OF SERVICE – 9:15am
SUPERINTENDENT ON DUTY: Sis. A. Vaz

Date: _____ Title: _____

- Song Service Sis. I. Powell
- Opening Song.....#73-“Holy, Holy, Holy”
- Scripture Reading.....Proverbs 21:21 & 23
- Prayer.....
- Welcome.....
- Secretary’s Report.....Sabbath School Secretary
- Sabbath School Program..... “Silence”
- THE CHURCH AT STUDY.....The Most Convincing Proof**
- Sabbath School Offering
- Closing Song.....#625-“Higher Ground”
- Outreach Ministries Segment..... Community Service
- Announcements Church Clerk
- Song Service Sis. I. Powell

UPCOMING CHURCH EVENTS

- **CHAT Rally:** December 2, 12:30pm–3:30pm at the Three Angels SDA Church. Lunch and childcare will be provided.
 - **Communion Service:** December 8
 - **Church Banquet:** December 9
 - **Baptism:** December 29
 - **SNEC Officer Training:** January 27
- **All attendees must register by January 13, 2019**

