

Transformations Incorporated


Transformations Breathwork Training Program

Lauren Morlock

has completed requirements for **Level II** certification in the Transformations Breathwork Program. This includes:

- * **Practicum in Connected Breathing Technique - Level I Certification**
a six month course consisting of twelve hours and a series of experiential training exercises and practicum experiences. **or**
- * **Residential Breathwork Training - Level I Certification**
a minimum of four day training consisting of classroom and practicum experiences covering wet, dry and group sessions. **or**

Modules 1, 2, 3 and two others



Jim Morningstar, Ph.D. Date 4/18/2020
Director, Transformational Breathwork Training Program

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