



May 23, 2023

To Whom It May Concern:

This is to confirm that **Carolyn Ruutemann** enrolled in and successfully completed The Shift Network's 9-week training, *The Science of Sound Healing* with **David Gibson**. The course concluded on April 27, 2023.

The goal of this course was to:

- Dive deeply into the science behind sound's power to heal yourself and others.
- Learn how to design customized sound-healing experiences (including sound baths!) using the scientific laws of resonance, your voice, the harmonic structure of sound, concert pitch, tuning systems, music theory, instruments, and more.

The instruction included nine live teaching modules, averaging two hours in length per session, for a total of 18 educational contact hours. Additionally, participants were assigned materials to study and homework to complete between sessions to deepen their understanding of the subject.

For more information about this course, please visit theshiftnetwork.com/course/01DGibson03_23. If you have any questions, please do not hesitate to contact our Support Team by emailing support@theshiftnetwork.com.

Sincerely,

Dawn D. Edelman, Ph.D.
Chief Education Officer
The Shift Network Inc.