



Dr. Kataria's School Of Laughter Yoga®

Hasya Yoga

A Blend of Ancient Yoga Wisdom with Science of Laughter

Laughter Yoga Leader Certificate

This is to certify that Laura R Sheldrick has successfully completed the required training under my guidance and has demonstrated competence by understanding the ideas, developing skills of self stimulated techniques of laughter based on Hasya Yoga (Yogic Laughter) and having the knowledge of "Inner Spirit of Laughter" as initiated and taught by Dr. Madan Kataria MD. Best wishes for spreading laughter mission all over the world and in bringing Health, Happiness and World Peace through Laughter.

मधुरी

Madhuri Kataria
Co- Founder

Place: Ontario, Canada



Madan

Dr. Madan Kataria
Founder

Date: 29-30.4.2006