

# WIN! Wellness *Homes of Hope & Health*

Small Group Instruction on Integrated Balanced Living  
*Physical, Emotional and Family Wellness*



In these times of various family illnesses, personal health crises, lots of stress, hopelessness and family concerns—many are searching for information that will help them and their families to be physically and emotionally well and learn how to take personal steps to stay well.

## **That is what Homes of Hope & Health is about!**

*The goal of WIN! Wellness is to help people LIVE—  
live healthier, happier, holier and even longer!*

**You are invited** to attend **Homes of Hope & Health** small groups scheduled **for your area**. In these sessions you will go down an **amazing learning path** to a new healthier and happier you. Enjoy learning in a small group with **new friends**.

**SESSIONS ARE SIMPLE BUT PROFOUND, EXCITING,  
INFORMATIVE, POWERFUL AND LIFE-CHANGING.**

**WIN! Wellness *Homes of Hope & Health* Small Group**

When: \_\_\_\_\_ Where: \_\_\_\_\_

Contact Person: \_\_\_\_\_ Phone: \_\_\_\_\_ Email: \_\_\_\_\_