

In times of uncertainty and fear, God is an anchor. He is stable, loving and kind. The guide below is intended to refocus us on God rather than the craziness we are experiencing. It's important to remember that earth's history has been filled with chaotic times. Through them all, God is faithful. He has always looked out for his people. The current Sabbath School lessons have focused how God has led through the book of Daniel. If you haven't had the chance to study the lesson, I'd encourage you to read through it as you work through this guide.

This guide is designed to be read with a friend, family member or neighbor. Call someone up and see what you both learn about God, Fear, and the Future.

God's Character

Exodus 34: 5-7 _____.

Psalms 18:2 _____.

John 10:10 _____.

If you were to read the news, track the financial market or look for toilet paper in the grocery store, you recognize that many people are afraid right now. The Coronavirus (Covid-19) has interrupted daily life in the most simple ways. Fear paralyzes. It traps us and it robs us. Fear of the future, fear of illness, fear of instability rob us of the joy and peace that God wants for us. In John 10:10 we read that God wants the best for us. But, Satan acts like a thief to rob us of a full, happy, thriving life. We must recognize that fear is his greatest tool to paralyze us and make us suffer.

How does God want us to respond in times of uncertainty?

Psalm 46

- _____
- _____
- _____
- _____
- _____

Luke 12:22-26

- _____
- _____



While we shouldn't be fearful of the events we see happening. We should recognize that these events will increase in both frequency and intensity (Matthew 24:8). As the world approaches the end of history, the Bible lets us know that things will get worse. But, actions driven by fear are not how we should respond.

What attitude should Christians have?

Matthew 24:42-44

Matthew 24:42-44

Sample Prayer:

God, you are the King. You are my protector. You defend me when I can't defend myself. Right now, the world seems scary and uncertain. It's easy for me to feel unstable and fearful. But, I am choosing to believe the promises you have for me. I am choosing to remember that you are greater than Satan, who is very active in the world right now. Through everything that is happening, I'm asking for your mercy, your forgiveness, and your peace. Please, help me to live a more abundant life. I want to be whole and complete. I want to live a life that is more connected to you. Help me to be prepared and watchful. I need your power that comes from connection to you. I need the Holy Spirit's help.