



Sylvia Hovde

successfully completed continuing education requirements for the following course:

**COACHING DIETARY
STRATEGIES:**
HOW TO COACH INTERMITTENT FASTING

March 11th, 2023

Date Issued

Krista Scott Dixon

Krista Scott-Dixon



Approved Providers and CEC's awarded:

ACE (CEP209353) - 1.0 CECs | ACSM (691544) - 10 CECs | AFAA (12,065) - 8.0 CEUs |
CPTN (HS202031) - 7.0 CECs | ISSA (21-620973) - 8.0 CEUs | NASM (838) - 0.8 CEUs

