#### **Statement of Credit**

Amedco confirms that

Carley Ellingson, B.A., LMT, CPT 1040 S 3rd st W #4 Missoula, MT 59801, USA

has successfully completed the educational activity titled:

#### HML - HeartMath Clinical Certification for Stress, Anxiety and Emotional Regulation

at Online on March 1, 2022 - March 1, 2023 and is awarded 20.00 Hours.

| Sessions Attended   | Hours       |
|---|-------------|
| HeartMath Clinical Certification in Stress, Well-Being and Emotional Regulation: Part/Session 1 | 3.50 Hours  |
| HeartMath Clinical Certification in Stress, Well-Being and Emotional Regulation: Part/Session 2 | 3.50 Hours  |
| HeartMath Clinical Certification in Stress, Well-Being and Emotional Regulation: Part/Session 3 | 3.50 Hours  |
| HeartMath Clinical Certification in Stress, Well-Being and Emotional Regulation: Part/Session 4 | 3.50 Hours  |
| HeartMath Clinical Certification in Stress, Well-Being and Emotional Regulation: Part/Session 5 | 3.50 Hours  |
| HeartMath Clinical Certification in Stress, Well-Being and Emotional Regulation: Part/Session 6 | 2.50 Hours  |
| *** TOTAL HOURS ***   | 20.00 Hours |

Date of signature and issue: Tuesday, June 14, 2022

Please print for your records

#### **Continuing Education Language**

#### Nurses (ANCC)

Amedco is accredited as a provider of continuing nursing education. This course is co-provided by Amedco and HeartMath. Maximum of 20.00 contact hours.

#### Psychologists (APA)

Continuing Education (CE) credits for psychologists are provided through the co-sponsorship of the American Psychological Association (APA) Office of Continuing Education in Psychology (CEP). The APA CEP Office maintains responsibility for the content of the programs. 20.00 hours



# Social Workers (ASWB)

As a Jointly Accredited Organization, Amedco is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. Amedco maintains responsibility for this course. Social workers completing this course receive 20.00 GENERAL continuing education credits.



# New York Board for Mental Health Counselors (NY MHC)

Amedco is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors. #MHC-0061. 20.00 hours.

# New York Board for Marriage & Family Therapists (NY MFT)

Amedco is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed marriage and family therapists. #MFT-0032. 20.00 hours.

# New York Board for Psychology (NY PSY)

Amedco is recognized by the New York State Education Department's State Board for Psychology as an approved provider of continuing education for licensed psychologists #PSY-0031. 20.00 hours.

# New York Social Workers (NY SW)

Amedco SW CPE is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #0115. 20.00 credit hours.



Scott McGee-Plys

**Director of Accreditations** 

Soft WARD You

HeartMath has been approved to offer continuing education by the following:

NEUROFEEDBACK AND BIOFEEDBACK PRACTITIONERS: HeartMath Clinical Certification is approved by the Biofeedback Certification International Alliance (BCIA) for seven hours of CE credit towards biofeedback and neurofeedback recertification. Please contact info@bcia.org for more information.

The Health Coach Alliance: For Health Coaches: Heart Math Clinical Certification for Stress, Anxiety and Emotional Management has been approved by the Health Coach Alliance for 20 CEC's upon successfully passing the final quiz with a mark of 80% or higher. Please contact info@healthcoachalliance.ca for details.

The Canadian Association for Integrative Nutrition: For Holistic Nutritionists: The Canadian Association for Integrative Nutrition recognizes the Heartmath Clinical Certification for Stress, Anxiety and Emotional. Please contact info@integrativenutritionassociation.com for details.